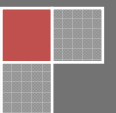


2008

Corporate Parenting committee
18th June 2008
Appendix 1

Health of Children in Care

Teenage Pregnancy



SERVICE ACTIVITY

TRAINING

The Designated Nurse and the Specialist Nurse have co-ordinated the successful delivery of 13 training events this year. There has been a 30% increase in service related teaching and training.

The main aim of these events was to support Medical Professionals, Social Workers and Foster Carers in their efforts to provide accurate information about health to young people and to promote a healthy lifestyle. Also to have a greater understanding of young people's sexual and relationship needs and how best to meet these needs.

HEALTH PROMOTION AND EDUCATION

The Looked After Children's Nurses are fully involved in the quarterly induction sessions for the children new to being looked after, or transferring to the 13+ Unit at Bradenham, CLA between the ages of 12 and 14, are invited with their Carers to the Open Days where they meet key members of the staff in an informal, relaxed setting and are able to get advice and information about the services provided by the staff at the Unit.

We have a room allocated to us where we set up a large display of sexual health information and posters, and all children and young people attending these days are given age appropriate 'goodie bags' and our mobile contact numbers so they may call us if they have any questions or issues.

The Designated Nurse also takes calls during the weekend in the hope that for the looked after young person to be able to have a contact person who they may call over the weekend, and although this extra service is not widely broadcast, she has taken 3 calls over the past year from young people needing to talk at that moment.

Health Promotion is a key focus in the Health Assessment. Health advice offered is age appropriate. The Specialist Nurse for Looked After Children and Young People offers health advice and provides health information at the 'Drop In' sessions for care leavers.

SEXUAL HEALTH

The Specialist Nurse with the specific role for prevention of Teenage Pregnancy and the promotion of appropriate sexual health works closely with Social Workers and the Designated Nurse for Looked After Children and Young People, in providing health information relating to sex and relationships.

Age appropriate sexual health advice and information is routinely offered during the Health Assessment interview.

Foster Carers and School Nurses have been offered training around Sexual Health Promotion to enable them to help these children access health information and advice.

Training in sexual health is not a one off event. Professionals still find it difficult to discuss sexual health with young people in their care. Professionals need to see the sensitive assessment of sexual health needs as part of their role. Therefore further training around sex and relationships and Looked After Children and Young People is planned for 2008.

The Specialist Nurse for Children Looked After with special responsibility for Teenage Pregnancy and sexual health has been working in raising the awareness of the young people in the Chlamydia screening programme.

The Specialist Nurse undertook a huge project in ascertaining the numbers of young people aged 13+ who were deemed at risk of getting pregnant before they turned 18.

This involved speaking with every Social Worker and going through their case load and clarifying the levels of set risks which may show that the young person may become pregnant through their life styles, risk taking behaviour, and other risks as set out through known factors and evidence based literature.

As stipulated in the Teenage Pregnancy Action Plan, since April 2007 the Specialist Nurse has implemented sexual health session with the 13+ young people and although these have taken time to establish, she is making positive inroads to maintaining a visible presence in the 13+unit. These will be ongoing and she will continue to joint work with the relevant link professionals in attaining increasing targets.

The Nurses will also encourage the young people to text us on their mobile phones for assistance and advice as this is more immediate and on a forum used happily by the young people.

FUTURE WORK 2008 – 2009

1. Develop posters and leaflets with information about sexual health services and Chlamydia screening.
2. Continue to screen and monitor those girls who are deemed to be at risk of teenage pregnancy or sexual health issues by maintaining the information gathered through the screening tool.
3. Specialist Nurse to continue offering one to one health interventions including condom distribution.
4. Continue to provide ongoing training for School Nurses to highlight the health needs of Looked after Children and Young People.
5. Continue to attend The Strategic Partnership for the Health of Looked after Children and Teenage Pregnancy and Sexual Health Young People Working Group, which meets 6-weekly to drive the Health Guidance and Health Strategy.
6. Further links to be made with out of Borough PCTs, to increase the number of children who have their Health Assessment with a Paediatrician, or appropriately qualified Nurse.
7. To improve Looked After Children and Young People's access to the service and to ensure those aged 13+ have copies of the completed Health assessments.
8. To work jointly with Southwark young people's "Speakerbox" to include a page on delaying sexual activities in young people for Looked-After children and other health related health advice.
9. To work with the Specialist Nurse Practitioner - who will ensure sexual health needs are addressed and monitored at each contact which will contribute to the Health Assessment Performance Indicators by undertaking Health Assessments in and out of Borough

10. To hold a Health Promotion/Sexual Health slot for young people whilst receiving their vaccines (joint work with Teenage Pregnancy Program).
11. To increase the targets regarding Looked After Children and Young People

12. Involved formally with Southwark foster carers NVQ training

13. Involved in pre approval training of new potential foster carers.

TEENAGE PREGNANCY SCREENING TOOLKIT

The Specialist Nurse has introduced a teenage pregnancy screening tool from Dec 07 which has been used with social workers to identify those young women in Southwark who are at high risk of becoming pregnant at a young age by virtue of their risk taking behaviour and other associated identified risks.

The tool questionnaire was designed to be used for each young person by way of 1 – 1½ hour meeting per young person with their Social Worker going through a series of pre determined questions.

The answers to these questions were then rigorously gone through and each answer weighted and recorded.

The outcomes were immediately placed on 'Care First' in order to commence the ongoing data collection and preparation for intense work for those identified to be most at risk.

In many respects those young people identified to be most at risk, were names which were familiar to the service already, but the seriousness and the depth could now be clearly visible to those working with them.

The questionnaire was made as simple as possible in order to enable swift identification of those at highest risk.

It is envisaged that once we have established the ongoing data collection, we will move on and identify young boys who are also putting themselves at risk of being teenage fathers.

SCREENING TOOL FOR CLA YOUNG PEOPLE SEXUAL HEALTH

Name	Address
Date of Birth	Gender
Ethnicity	Social Worker

Number of previous carers	
Length of time in present placement	
Has the young person been missing from placement?	How long / how often
Previous pregnancies	Dates
Previous terminations	Dates
Does the YP have a partner /partners?	
Is there possibility of coercion /exploitation?	
<p>Have you discussed contraception?</p> <p>Free condom scheme?</p> <p>Emergency contraception?</p>	

<p>Have you signposted the YP to any sexual health services?</p> <p>Other health professional service?</p>	<p>Where?</p> <p>Who?</p>
<p>Sexual Health info/leaflets given?</p>	
<p>Use of alcohol/cigarettes/other substances?</p>	
<p>Is the YP attending school regularly?</p>	
<p>Any involvement with Youth Offending Service?</p>	

TEENAGE PREGNANCY

SCREENINGS

CLA BY AGE	HIGH RISK	LOW RISK	MEDIUM RISK	NOT SCREENED	Grand Total	
13	1	5	0	6	12	8.82%
14	5	5	1	5	16	11.76%
15	9	10	2	11	32	23.53%
16	15	11	7	7	40	29.41%
17	11	21	2	2	36	26.47%
Grand Total	41	52	12	31	136	
	30.15%	38.24%	8.82%	22.79%		

CLA BY ETHNICITY	HIGH RISK	LOW RISK	MEDIUM RISK	NOT SCREENED	Grand Total	
Asian - Indian	0	1	0	0	1	0.74%
Asian - Other	4	1	0	1	6	4.41%
Black African	7	21	4	11	43	31.62%
Black Caribbean	1	6	0	0	7	5.15%
Black Other	4	2	0	4	10	7.35%
Chinese	0	1	0	0	1	0.74%
Other	0	1	2	0	3	2.21%
Other Mixed	0	0	1	0	1	0.74%
White - Other	0	0	0	1	1	0.74%
White & Black African	3	0	0	0	3	2.21%
White & Black Caribbean	7	4	0	1	12	8.82%
White British	15	13	5	10	43	31.62%
White Irish	0	2	0	3	5	3.68%
Grand Total	41	52	12	31	136	
	30.15%	38.24%	8.82%	22.79%		

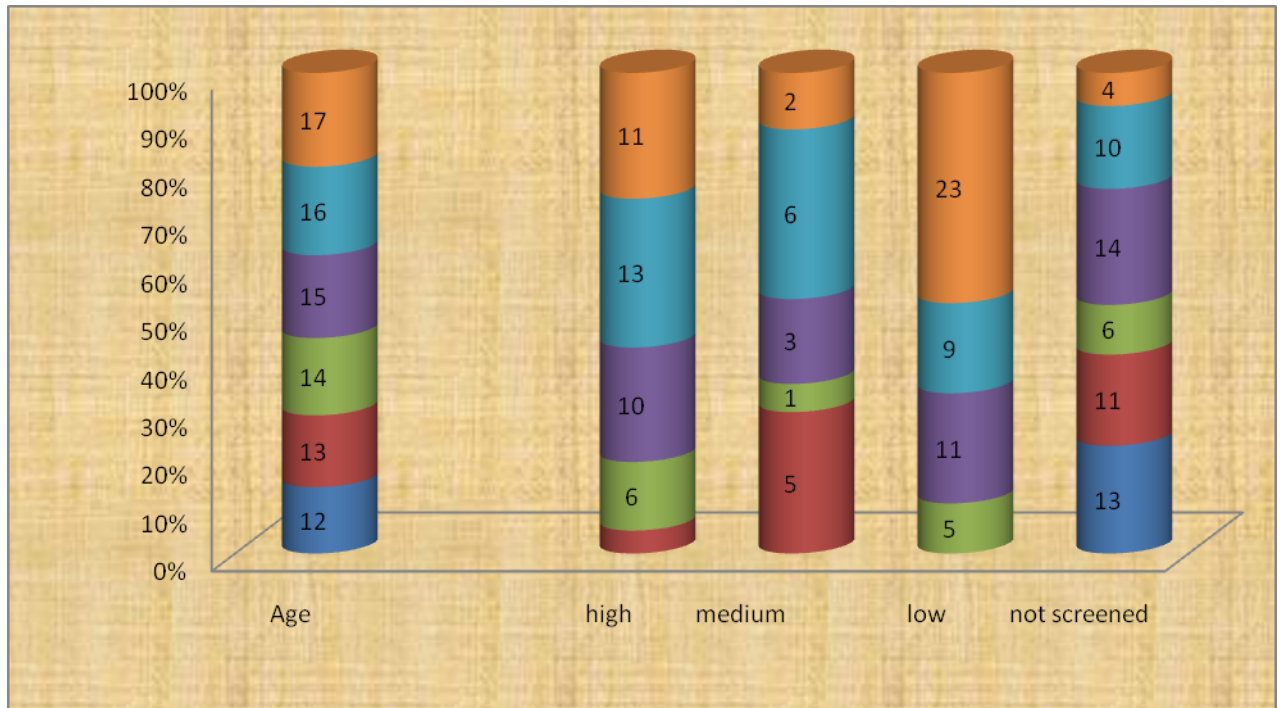
CLA PREGNANT – ACCORDING TO CF AS AT 25-02-08

Ethnicity	Age	Total
Asian - Other	15	1
	16	1
Black Other	16	1
White & Black Caribbean	14	1
White British	16	1
	17	1
Grand Total		6

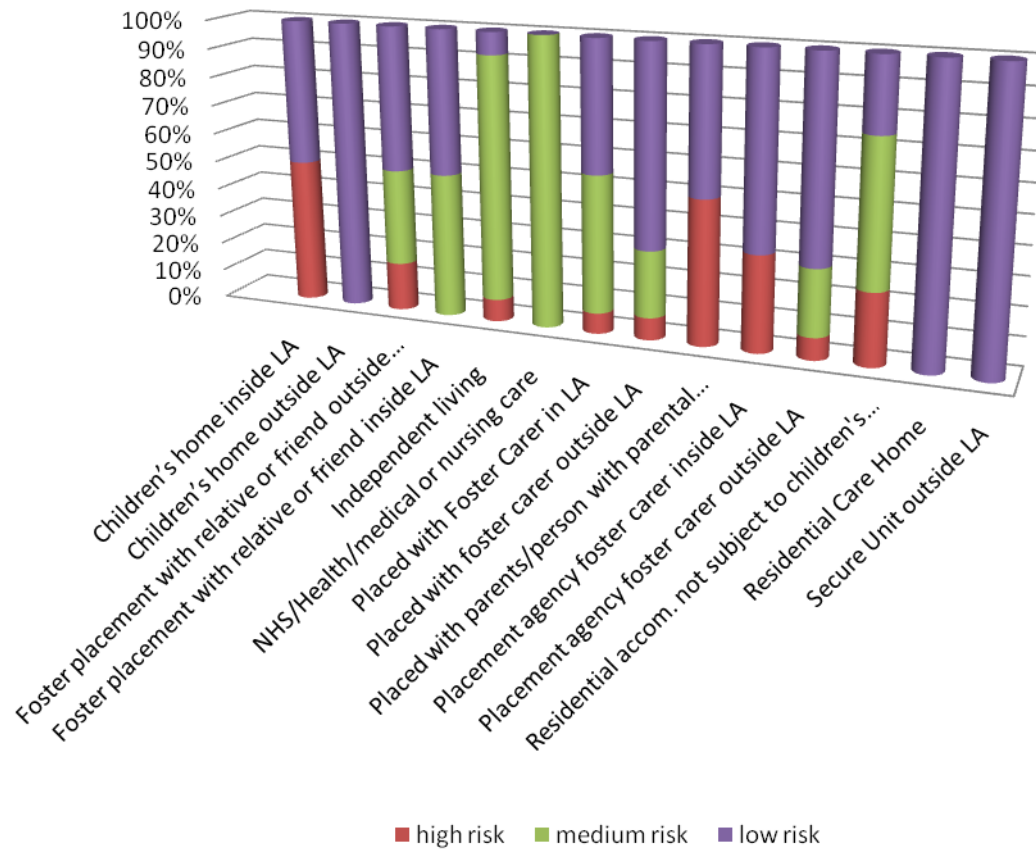
CLA MOTHERS – ACCORDING TO CF AS AT 25-02-08

Ethnicity	Age	Total
Asian - Other	15	1
	17	1
Black African	16	1
	17	1
White & Black African	16	2
White & Black Caribbean	17	2
Grand Total		8

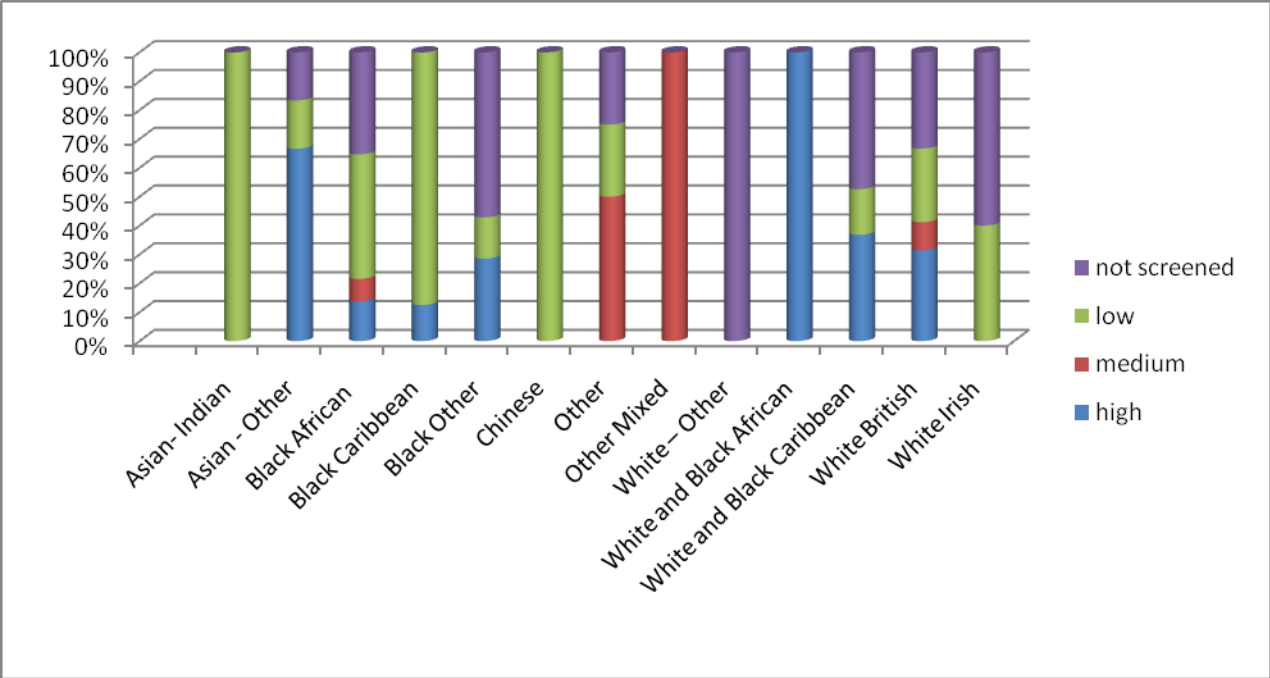
Ages of children screened with the sexual health screening tool, and their level of risk after evaluation.



Risk by Placement



Ethnic origin of the young people screened with sexual health screening tool.



What immediate action to take following review of the teenage pregnancy screening tool

Key actions for the Specialist Nurse to take following evaluation of the screening

Action A: when a young person has medium sexual health needs with intermediate sexual health needs (following on from them scoring a medium result in the screening.)

- Refer the young person to Sexual Health Clinic or Reproductive and Sexual Health Clinic - and if necessary accompany them there
- For looked-after young people, refer to Southwark's Looked After Children Nurse and team, to give a sexual health information session to the young person.
- Give condoms to the young person, and give a demonstration of how to use them.
- Give information as appropriate about sexually transmitted infections, contraception and/or termination of pregnancy.

Action B: when a young person is showing the need of some immediate crucial direct intervention (following on from them scoring high or worrying results in the screening).

- Refer to a school nurse, or to Southwark's Looked After Children Nurse and team, to give a sexual health information session to the young person.
- Refer to a Sexual Health Clinic or Reproductive and Sexual Health Clinic and if necessary the Specialist Nurse will accompany them there.
- Provide information directly to the young person about local sexual health services and support them to access the information.
- Refer to a group or peer education course, eg, the Youth Offending Team group.
- The Specialist Nurse will also link into and with other specialist services to jointly plan and deliver specific, targeted Sexual, Relationship Education (SRE) session appropriate to the young person's age – ie. working in partnership with:

The Healthy Schools Programme, School Nurses, Outreach workers and others.

Monitor and review screening results on a 6 monthly basis or ad hoc with the Social Worker.